

Agency and Hospital Affiliated Support Groups						
Group Name	Town	Contact	Phone	Purpose of Group	Meeting Info	Fees
Bridges	Geneva	TriCity Family Services	630-232-1070	This workshop is for children, ages 7-11, struggling to cope with issues related to their parents divorce. The workshop sessions include discussion, group exercises, and activities that help children understand and work through their feelings about the divorce in a safe and supportive environment.	2 sessions per year – Fall session starts Oct. 19 and there will be one in Spring. This is a six session workshop that meets weekly for 1 hour 45 minutes.	Fee Reduction is available for those in need.
Grandparent Raising Grandchildren Support Group	Geneva	Rich Preussler Tom Deweese	630-232-1070	This group addresses the needs of grandparents raising their grandchildren.	Last Tuesday of the month from 7:00 pm – 8:30 pm at the First Baptist Church of Geneva, 2300 South St., Geneva New members must call to register. Childcare is provided if arranged at registration.	None
Grandparent Raising Grandchildren Support Group	Aurora	Family Focus Aurora Kate or Jenny – Group Facilitators	630-844-2550 ext. 239	This group addresses the needs of grandparents raising their grandchildren.	Last Tuesday of every month from 6:00 – 8:00 pm in the basement. Must register. Childcare is available and must prearrange.	None
Mother's Ministry Group (In Spanish)	Aurora		630-898-8707 Just come- no registration	Monthly 6:00-7:30 St Nicholas Church 308 High Street, Aurora	None	
Mothers Tea Support Group IBCLC- Breast N Baby Lactation Services, Inc. www.breastbabyproducts.com	St. Charles	Carol Chamblin RN,MS	630-513-1101	Support and education to moms with young infants. Moms and babies/children up to 4 years old are welcome to attend. Different topics are offered each session.	2nd Monday, 10-11:30 a.m. at Breast 'N Baby Lactation Services, Inc. 525 Tyler Rd., Suite L-2, St. Charles IL 60174	Donation of \$2-\$3 requested for loan library.

Parent Care and Share HFA Aurora Mom's Group	Aurora	Tasha Williams	630-978-9574 Ext. 469	Parents Care & Share of Illinois - network of free weekly parent support groups to help families reduce stress by offering parents opportunities to share experiences- both positive and negative- in a safe, non-judgmental, professionally-facilitated group and to develop contact with other parents that will provide understanding and support outside of meetings, as well. Most groups offer a companion children's group	1st & 3rd Wednesday 10:30 AM-12:00 PM Open to HFA Fox Valley Clients	None
Parent Care and Share HFA Aurora Mom's Group Spanish	Aurora	Eileen Farias	630-978-9754 Ext. 423	Parents Care & Share of Illinois - network of free weekly parent support groups to help families reduce stress by offering parents opportunities to share experiences- both positive and negative- in a safe, non-judgmental, professionally-facilitated group and to develop contact with other parents that will provide understanding and support outside of meetings, as well. Most groups offer a companion children's group	2nd & 4th Wednesday 10:30 AM-12:00 PM Open to HFA Fox Valley Clients	None
Parent Care and Share is looking to expand the number of its support groups in Kane County & throughout the suburbs of Chicago by collaborating with agencies interested in sponsoring a support group. Call 847-783-6879 for information about our incentives.						
Parents Support & Education Series 	Geneva		630-232-1070	Educational topics covering early childhood through young adulthood along with supportive discussion during Q&A time.	These sessions are open to the public and occur the second Tuesday of every month from October through June, from 7:00 p.m. to 8:30 p.m. at TCFS.	\$5 for each presentation Fee reductions are available based on need.
Parents Supporting Parents	Geneva	Community Therapy Services 2700 Keslinger Rd. Suite B	630-208-8880	This group offers parents and caregivers of children with special needs an outlet to share resources, offer support, and discuss topics of their choosing.	Meets the 2 nd Monday of every month from 7:00 – 9:00 pm.	
Postpartum Depression/anxiety Support Group	Geneva	Delnor Community Hospital and Tri-City Family Services	To register call 630-232-1070	Support and education for moms with feelings of sadness, anxiety, and despair that do not go away after two weeks, or that happen anytime in the first year after birth or stopping breastfeeding	Every Tuesday from 10:00 to 11:30 at Delnor Hospital	none
Postpartum Depression Support Group	Elgin	Provena St. Joseph's	To register call 847-931-5521		Tuesdays 7-8:30 at Meeting room C, Medical Office Building, Provena St. Joseph, 87 N. Airlight, Elgin	none

Postpartum Depression Support Group/Individual Counseling	Aurora	Ann Sauer	Postpartum info line 630-585-0039		Weekly 11:30 Mondays 10:30 -	
Prenatal/Postnatal Support GGroup	Aurora		630-844-2550	Prenatal, New Moms & Moms and Toddlers groups for parents enrolled in Family Focus programs		none
Single Moms http://free.hostdepartment.com/tcfs/singlemom.html	Geneva	Tri-City Family Services	630-232-1070 Gail Mastio	Support for single moms with infants through preadolescent children	Meets every Wednesday at 7:00 p.m. Child care is provided. Moms are asked to make a minimum four-week commitment, however, they remain in the group as long as needed.	\$5 per session
Smart Choices	Geneva	Tri-City Family Services	603-232-1070	Anger conflict resolution for families and children Kindergarten through 5th grade living in the Tri-City area		\$200 for six family sessions
Special Care Parent Support Group www.rushcopley.com	Aurora	Rush-Copley Hospital	630-978-6295 Mary Crayton	Support to mothers on bed rest, parents with babies currently in NICU and parents with babies with special needs.	meets every other month	
Special Needs Parent Support Group	Geneva	Community Therapy Services	630-208-8880	Guest Speaker and topic of the month around issues of interest for parents of special needs children.	4th Monday of the month with guest speaker	none
TLC Breastfeeding Support Group www.provenasaintjoseph.com/body.cfm?id=52&action=list	Elgin	Provena St. Joseph Hospital	847-931-1800	Designed for Mothers during their babies' first year	Every Tuesday 12 to 2 PM at Medical Office Building 2nd Floor St. Luke Room	none
VNA - Solo Para El - Just for Him * IN SPANISH ONLY*	Aurora	Kit	630-978-9754 x465	Support and education for 1st time fathers babysitting available	6-8 Sessions per year - 2 times a week for 4 weeks or 6 Saturdays (\$35 Gift Certificate for completed attendance)	none

Loss & Grief Support:						
Group Name	Town	Contact	Phone	Purpose of Group	Meeting Info	Fees
Footprints: Perinatal Loss Support Group	Geneva	Fox Valley Hospice mewalsh@foxvalleyhospice.org	630-232-2233	For parents and adult family members who have had a recent miscarriage, entopic pregnancy, stillbirth or newborn death	7 PM 1st, 2nd and 3rd Wednesdays. Call for group schedule	None
Footsteps	Geneva	Fox Valley Hospice mewalsh@foxvalleyhospice.org	630-232-2233	For parents and adult family members who have moved through the initial grief of miscarriage, entopic pregnancy, stillbirth or newborn loss and are anticipating another pregnancy or who are pregnant after such a loss	Fourth Wednesday 7 PM	None
Herbie's Friends	Geneva	Fox Valley Hospice	630-232-2233	Assist children and their families as they cope with death and grief. Meets weekly for eight weeks	Call Fox Valley Hospice	