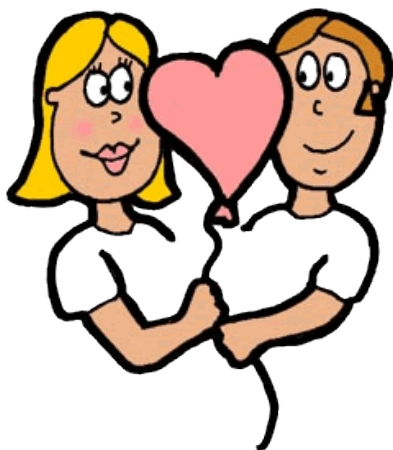




Dating Tips

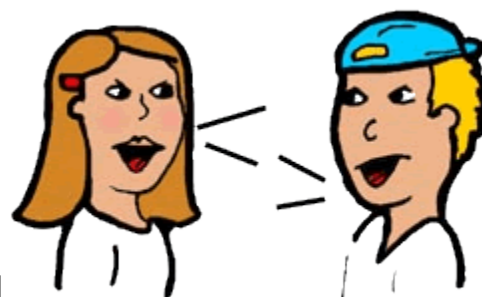


Remember you have the right to...

- Accept or turn down a date without feeling guilty
- Always be treated with respect
- Feel happy and safe with my significant other
- Choose and keep my friends
- Say no to things I don't want to do
- Be used or harmed – physically, emotionally, sexually
- Be unafraid of my significant other's anger
- End a relationship

And you have the responsibility to...

- Ask for a date and accept no for an answer
- Respect my significant other's thoughts, feelings, and space
- Not embarrass or put-down my significant other
- Refuse to abuse- emotionally, physically, sexually
- Respect my significant other's friends/family
- Communicate- not manipulate
- Not threaten to harm myself or someone else
- Not blame my significant other when I am stressed
- Accept when a relationship is over and let it go



National Domestic Violence Hotline:
1-800-799-SAFE (7233)

For more information visit us at www.kanehealth.com/coalition.htm
Or contact Maureen Obuchowski at 630-264-7670