

# Smoking Hurts Everyone!

## Smoking Affects the Environment

- Cigarette butts left on the ground take 25-26 years to decompose.
- The chemicals from the cigarette butts leach into the soil, polluting the soil and plants.
- Butts end up in lakes and rivers where fish and other water animals eat the butts resulting in death.

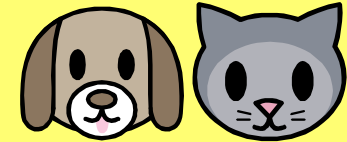


## How Secondhand Smoke Affects Babies and Children

- Babies whose mothers smoke while pregnant, may have lungs that do not develop normally.
- Babies that breathe secondhand smoke have weaker lungs.
- Children who breathe secondhand smoke have less lung growth than children who do not live with a smoker.
- Children with a parent that smokes gets sick more often, especially with bronchitis and pneumonia.
- Secondhand smoke can trigger asthma attacks.
- Over 40% of children who go to the emergency room for asthma attacks live with a smoker.



## Secondhand Smoke Hurts Pets Too



- Smoke particles get trapped in their fur.
- When your furry friend grooms themselves with their tongues, they ingest the smoke particles.
- Dogs in households with smokers are at a 60% greater risk for developing lung cancer.

## Need Help Quitting?

For confidential assistance, call the Illinois Tobacco Quitline  
1-866-Quit-Yes



For more information visit  
[www.kanehealth.com](http://www.kanehealth.com) or call (630)264-7670

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