

If you are a pregnant, first-time mother living in Kane County and would like more information about enrolling in **Kane Kares**, please call:

**(630) 264-7339**

OR

**(847) 888-6455**

## **Kane Kares**



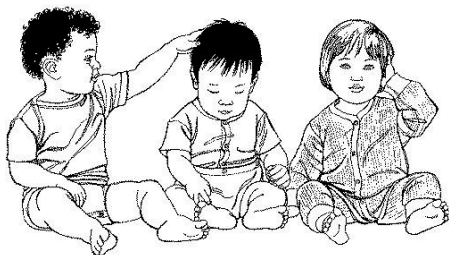
Kane County Health Department  
1240 N. Highland Ave.  
Aurora, Illinois 60506

&

Kane County Health Department  
113 S. Grove  
Elgin, Illinois 60120

Website: [kanehealth.com](http://kanehealth.com)

**Bilingual Staff**



Rev 5/09



Kane County Health Department  
1240 N. Highland Ave.  
Aurora, Illinois 60506

## **Kane Kares**



## **Nurse Home Visitation**

To Pregnant & Parenting Families



**For You & Your Baby**



# Kane Kares



Pregnancy and early childhood can be a wonderful time. It can also be stressful — especially when you are a first-time mom experiencing family, health or pregnancy problems.

**Kane Kares** is a program designed to help support you during pregnancy and child-rearing.

A specially-trained Registered Nurse will visit and support you through your pregnancy and until your baby's second birthday.



## Services

Your Nurse Will Help You. . .

- ♥ Learn what to expect during your pregnancy and labor
- ♥ Learn more about your baby's growth and development
- ♥ Learn about up-to-date information on immunizations and nutrition
- ♥ Learn about community resources and services to help you and your baby

**Become the best parent you can be. You and your baby are worth it!**



The Goals of the Kane Kares Nurse-Family Partnership are to:

**Support** parents

**Enhance** early childhood emotional, social, mental, and physical growth and development

**Reduce** rates of low birthweight, prematurity, and infant mortality

**Promote** well child care and family bonding

Participation the Partnership is voluntary and offered at no charge

