

Mama's
**BREASTMILK
PLACE**



"more than just food"

mama's menu

BREASTMILK

Delicious, fresh, warm,
and nutritious

mama's promise

Breastfeeding will:

Protect babies' health
Reduce babies' chance
of childhood obesity
Help Mom heal faster and
lose weight quicker
Save money
Benefit the environment

mama's services

Breastfeed within
one hour of life
Cuddle skin to skin

mama's HOURS

24/7
Nurse as often and
as long as Baby wants
Ready to serve
--No waiting

**Kane County
Breastfeeding Coalition**
kanehealth.com

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