

# Mama's BREASTMILK PLACE



*"more than just food"*

## mama's menu

### BREASTMILK

Delicious, fresh, warm, and nutritious

## mama's promise

### BREASTFEEDING WILL:

Protect babies' health

Reduce babies' chance of childhood obesity

Help Mom heal faster and lose weight quicker

Save money

Benefit the environment

## mama's services

Breastfeed within one hour of life

Cuddle skin to skin

## mama's HOURS

24/7

Nurse as often and as long as Baby wants

Ready to serve--No waiting