

WHAT TO EXPECT IF YOU RECEIVE A CALL FROM THE HEALTH DEPARTMENT

IF THE **LOCAL HEALTH DEPARTMENT CALLS**,
IT IS **VERY IMPORTANT** THAT YOU **ANSWER THE PHONE!**
THE HEALTH DEPARTMENT IS WORKING HARD TO PROTECT THE
HEALTH OF EVERYONE IN THE COMMUNITY BY
STOPPING THE SPREAD OF **COVID-19**.

You may receive a call from the Health Department because:

1. You tested positive for COVID-19
2. You were in close contact with someone who tested positive for COVID-19 and are at risk for becoming ill yourself or continuing to spread the illness unknowingly

If you tested positive for COVID-19:

You will receive a call from an employee of the Kane County Health Department who will interview you. They will ask you to provide names and contact information of people who you were in close contact as well as places you visited during the period of time when you were able to spread COVID-19 so that they can contact them. This process is called **contact-tracing**.

If you were in close contact with someone who tested positive for COVID-19:

The Health Department will also call you if they are aware that you were around someone who tested positive for COVID-19 during the time when they could have transmitted the virus to you.

Self-isolate, Self-quarantine, and Self-monitor

If you have tested positive for COVID-19 the Health Department will ask you to **self-isolate** in order to prevent spreading the virus to anyone else. Self-isolation lasts a minimum of 10 days or 72 hours fever free whichever comes later.

If you were exposed to someone with COVID-19 the Health Department will ask you to **self-quarantine** for 14 days from the last time you were with the person who tested positive. The Health Department will also recommend that you **self-monitor** by taking your temperature daily as well as staying in close communication with your medical provider.

Help your community, communicate!

If you and your medical provider suspect that you are experiencing symptoms of COVID-19 and recommends that you self-isolate- let your close contacts know **immediately** so they can self-quarantine and self-monitor for symptoms as well. Inform your employer as soon as possible so they disinfect your work spaces and notify your co-workers. Answer the phone when the Health Department calls.

Keep in Mind:

If you don't want to answer some of the questions, you don't have to. The Health Department will protect your private health information.

Don't be embarrassed or blame yourself. Many people are becoming ill and it is not your fault.

