

PUBLIC HEALTH COMMITTEE REPORT

Essential Service #2

Protect people from health problems and health hazards



Go Red For Women Day is Feb. 5

It has become a tradition here at the Health Department to Go Red for Women on the first Friday of February, which is American Heart Month, and 2016 will be no exception. We encourage everyone to show their support by wearing something red on Feb. 5. We know that heart disease is the leading cause of death in Kane County, which is why the Health Department's Community Health Improvement Plan (CHIP) identifies chronic disease as one of the major threats to community health and well being. It pays to know the red flags of heart disease and stroke, which kill 1 in 3 women.



**American
Heart
Association®**



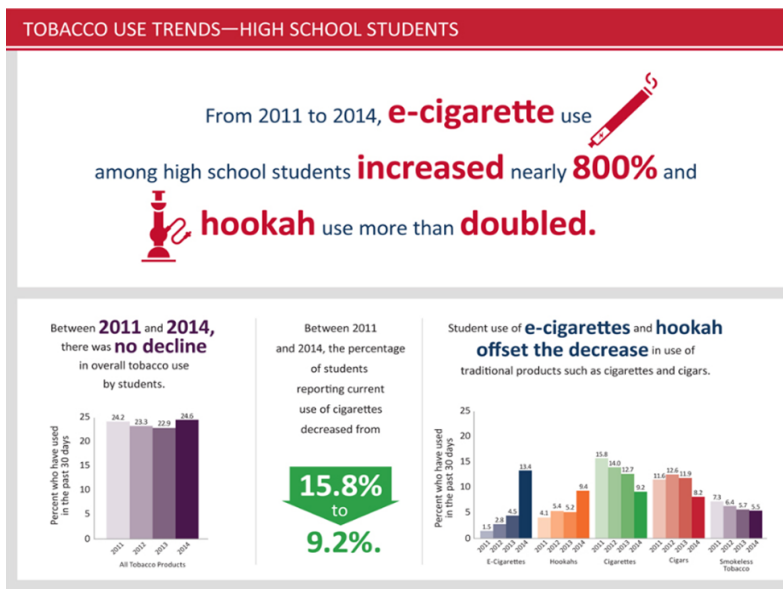
Ten essential services of Public Health

1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans

6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

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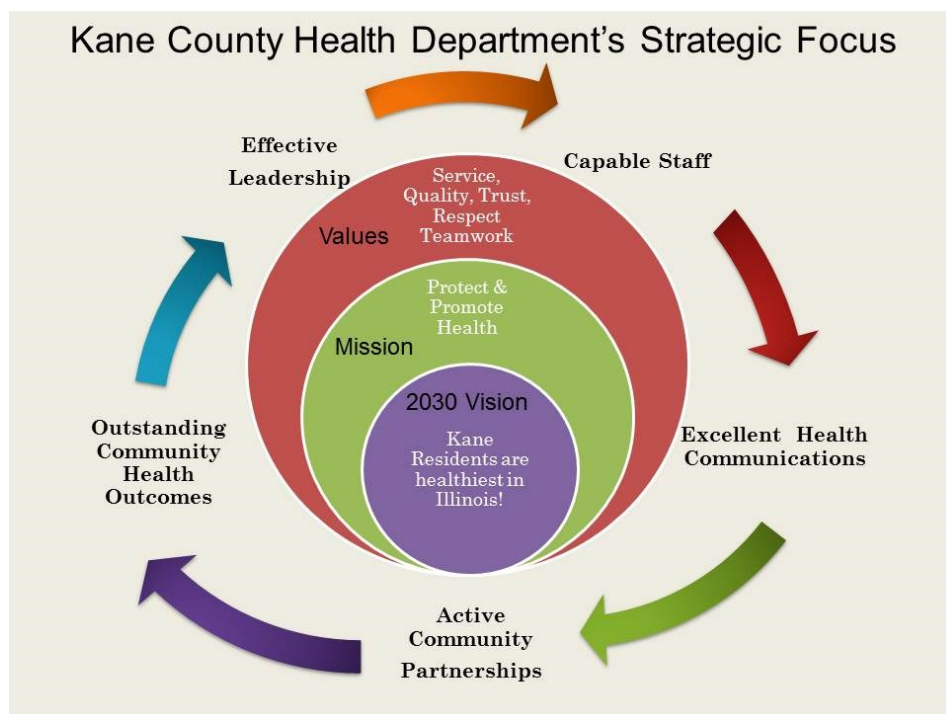
2016 New Year's resolution: Quit smoking!

Start your journey to quitting tobacco

Quitting smoking is great for your health. The U.S. Surgeon General's Report (2014), says smoking remains the No. 1 preventable cause of death in the U.S. Smoking kills nearly 500,000 Americans and costs almost \$300 billion in health care expenses and lost productivity each year. E-cigarettes may be no better. The FDA has found nicotine and traces of known cancer-causing substances in them. Since 2011, we have seen an 800% increase use of e-cigarettes by high school students nationally. Until more is known, say "no" to electronic cigarettes.

Essential Service #5

Develop public health policies and plans



Strategic initiatives update

The 3-year strategic plan approved by the Kane County Board of Health in 2012 has now run its course. In November 2015, updates to the plan were provided to the Board of Health, and now we are about to launch the process for the new strategic plan. In the 2012 plan, our five key strategies were Enhanced Communications; Implement Informatics; Mission Focused Culture; Model Stewardship; and Sustaining Partnerships. As we move forward, we will work to decide whether these strategies need to be adjusted to meet our priorities.