

## PUBLIC HEALTH COMMITTEE REPORT

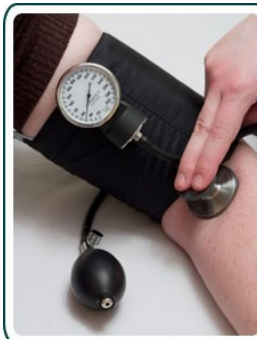
### Essential Service No. 3

[Give people the information they need to make healthy choices](#)



Public Health officials from across the state are joining forces to raise awareness of the importance of lowering the sodium content in our diets. The members of the Northern Illinois Public Health Consortium and the American Heart Association have partnered to sponsor, host and promote events during Sodium Reduction Week, March 12-18.

**March 12-18**  
**Sodium Reduction**  
**Week encourages**  
**you to**  
**#BreakUpWithSalt**



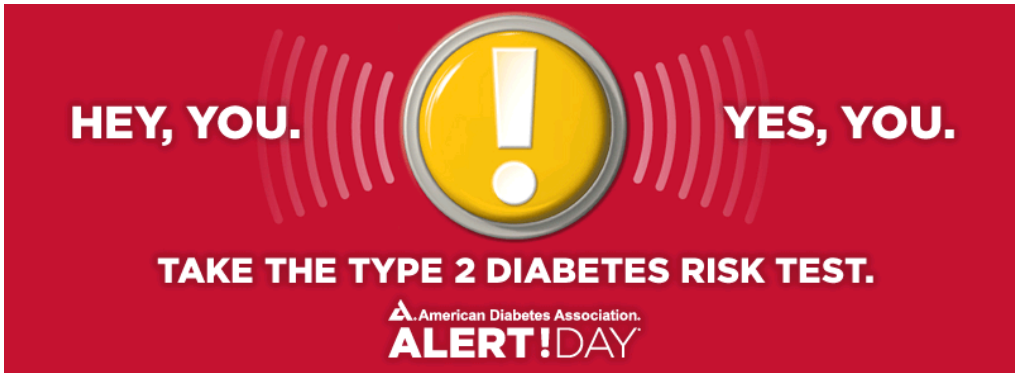
#### Ten essential services of Public Health

1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans
6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

**Departmental Statistics:** [www.kanehealth.com/phc.htm](http://www.kanehealth.com/phc.htm)

Essential Service No. 2

[Protect people from health problems and health hazards](#)



**ALERT!DAY**  
MARCH 27, 2018

*Sound the alarm about  
the prevalence of  
Type 2 Diabetes*

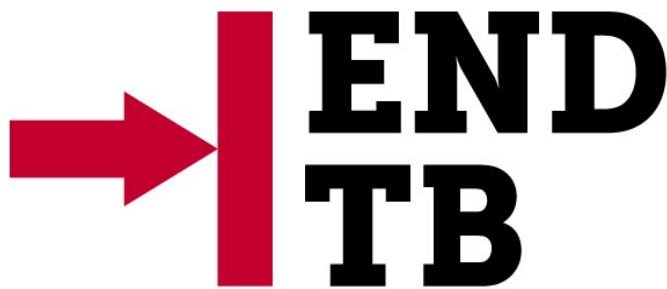
[Click here to take the  
Type 2 Diabetes Risk  
Test](#)

**Help stop diabetes:  
Take the test today**

The Kane County Health Department's [Community Health Improvement Plan \(CHIP\)](#) names chronic diseases such as diabetes as one of the three top health priorities facing our residents. In response to similar numbers nationwide, the American Diabetes Association has proclaimed March 27 as Diabetes Alert Day, and we are encouraging everyone to take the Type 2 Diabetes risk test to find out their risk of developing diabetes.

Essential Service No. 2

[Protect people from health problems and health hazards](#)



**World TB Day**

*Tuberculosis kills  
more people annually than AIDS  
or malaria - Join  
the Unite to End  
TB Campaign*

**Fighting to end  
the scourge of TB**

On March 24, 1882, Dr. Robert Koch discovered *Mycobacterium tuberculosis*, the bacteria that cause tuberculosis (TB). Back then TB killed 1 of every 7 people living in the United States and Europe. His discovery was the most important step taken toward the control and elimination of this deadly disease. Until TB is eliminated, [World TB Day](#) won't be a celebration, but a valuable opportunity to educate the public about its devastation and how it can be stopped.

**WORLD TB DAY  
MARCH 24**

