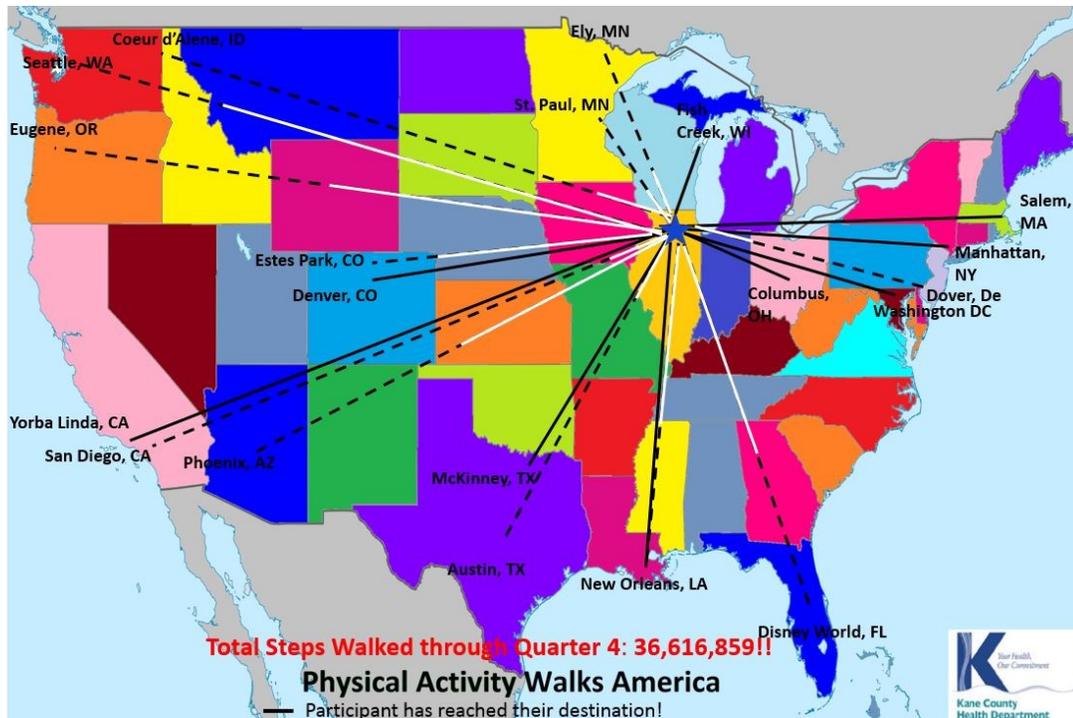


PUBLIC HEALTH COMMITTEE REPORT

Essential Service #8

Maintain a competent public health workforce



One year update: HRQOL promotes a healthy workforce

While we understand the importance of improving public health, KCHD is using that understanding to focus some of its efforts inwards. The **Health Related Quality of Life (HRQOL)** initiative set four areas of concentration: Mental Health, Physical Activity, Weight Loss and Nutrition with the idea that KCHD can better improve the quality of life for our citizens by also concentrating on its own health. In the last year, the physical activity team walked 36,616,859 steps, the equivalent of 17,300 miles, or walking from Aurora to the South Pole and back again. In addition, the weight loss team jointly lost 178.72 pounds. Learn more about worksite physical activities by visiting the [CDC Web site here](#). Congratulations to all participants!

Ten essential services of Public Health

1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans
6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

Essential Service #2

Protect people from health problems and health hazards



National Infant Immunization Week

**IMMUNIZATION.
POWER TO PROTECT.**

NIIW 2016 is April 16-23

We can now protect infants and children from 14 vaccine-preventable diseases before age two. The Vaccine for Children Program at KCHD provides immunizations for uninsured, underinsured and those children on Medicaid. Get more info from the **Bee Wize line** at 866-BEEWIZE (866) 233-9493.

www.cdc.gov/vaccines/events/niiw/index.html



NIIW promotes benefits of vaccines

National Infant Immunization Week is an annual observance to promote the benefits of immunizations and to improve the health of children two years old or younger. Local and state health departments, national partners, healthcare professionals, community leaders from across the U.S., and the Centers for Disease Control and Prevention (CDC) have worked together through NIIW to highlight the positive impact of vaccination on the lives of infants and children.

Essential Service #5

Develop public health policies and plans



Planning for the full-scale exercise

This June, local county health departments and their partners across the state of Illinois will participate in a full-scale emergency preparedness drill. The exercise will test the abilities to receive shipments from the Strategic National Stockpile (SNS), distribute the medicines to the community and test communication capabilities. CDC's SNS has large quantities of medicine and medical supplies to protect the American public if there is a public health emergency (terrorist attack, flu outbreak, earthquake) severe enough to cause local supplies to run out.