Kane County Health Department

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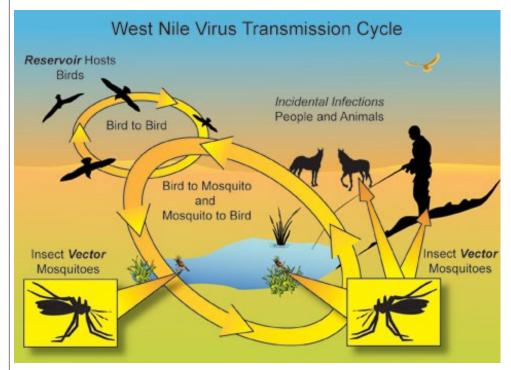
Your Health, Our Commitment Kane County Health Department

June 22, 2016

PUBLIC HEALTH COMMITTEE REPORT

Essential Service #1

Monitor health status and understand health issues facing the community



Warm weather means West Nile season

KCHD encourages residents to be vigilant about eliminating sources for mosquitoes to breed, as well as using personal protection to avoid mosquito bites. Warmer weather means that mosquitoes are becoming active. It's never too early for residents to inspect their homes and yards for sources of standing water where mosquitoes are likely to breed.

West Nile vs. Zika

In Kane County, the public at large is at extremely low risk of transmission of the Zika Virus. The **primary** type of mosquito that has been found to transmit Zika virus (Aedes aegypti) is rarely found in Illinois. However, we are actively monitoring the Zika virus in Kane County and will provide up to date information as we receive it. Check our website for more information by clicking here.

Help Prevent West Nile and Zika mosquitoes

- Don't let standing water collect on your property.
- Check for turned up garbage can lids, grill covers and children's toys.
- Empty, clean & refill birdbaths
 & wading pools frequently.

Ten essential services of Public Health

- 1. Monitor health status and understand health issues facing the community
- 2. Protect people from health problems and health hazards
- 3. Give people the information they need to make healthy choices
- 4. Engage the community to identify and solve health problems
- 5. Develop public health policies and plans

- 6. Enforce public health laws and regulations
- 7. Help people receive health services
- 8. Maintain a competent public health workforce
- 9. Evaluate and improve programs and interventions
- 10. Contribute to and apply the evidence base of public health

Departmental Statistics: www.kanehealth.com/phc.htm

Essential Service #2

Protect people from health problems and health hazards

FOOD SAFETY

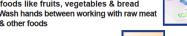
Don't let food make you sick!

CLEAN

- Wash your hands, cutting boards & counter tops with soap & water
- Always wash fruits & vegetables before eating

SEPARATE

- · Keep raw meats & eggs away from other foods like fruits, vegetables & bread
- Wash hands between working with raw meat & other foods



- Make sure your food is fully cooked to proper temperatures

 • Keep hot food at 140°F or above





- Put food in the refrigerator right away
- Keep your refrigerator below 41°F









We know that cases of foodborne illness spike in the summer. Learn more by clicking here.

Protect against foodborne illness

With backyard barbecues and family gettogethers in full swing. this is the season for plenty of good eating. The trouble is, summer foodborne illness is a preventable public health challenge that causes an estimated 48 million illnesses and 3,000 deaths each year in the United States. You can follow simple rules to ensure your next party is free from foodborne illness.

Essential Service #3

Give people the information they need to make healthy choices

Four terms to remember:

- Excessive Heat Outlook
- Excessive Heat Watch
- Excessive Heat Advisory
- Excessive Heat Warning Learn more about Kane County's heat program by clicking

here.

Poor air quality often occurs during high heat days



Summer is here and the heat is on

The Kane County Office of Emergency Management and Kane County Health Department. monitor potential extreme heat conditions in the County and will take action based on extreme heat alerts issued by the National Weather Service (NWS). Also, air quality alerts are often issued during high heat days. For up-to-date advisories on air pollution action days, please check out our Web site by clicking here