Kane County Health Department

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PUBLIC HEALTH COMMITTEE REPORT

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Your Health, Our Commitment

Essential Service #4

Engage the community to identify and solve health problems

The Medical Reserve Corps is a network of local volunteers committed to improving the health, safety, and resiliency of their communities. MRC units identify, screen, train and organize volunteers to support routine public health activities and augment preparedness and response efforts.



It's up to you. Join your local Medical Reserve Corps unit and be an active member. Visit <u>Medical Reserve Corps</u> to learn more.

Ten essential services of Public Health

- 1. Monitor health status and understand health issues facing the community
- 2. Protect people from health problems and health hazards
- 3. Give people the information they need to make healthy choices
- 4. Engage the community to identify and solve health problems
- 5. Develop public health policies and plans

- 6. Enforce public health laws and regulations
- 7. Help people receive health services
- 8. Maintain a competent public health workforce
- 9. Evaluate and improve programs and interventions
- 10. Contribute to and apply the evidence base of public health

Departmental Statistics: <u>www.kanehealth.com/phc.htm</u>

Essential Service #2 <u>Protect people from health problems and health hazards</u>

The Making Kane County Fit for Kids Funders' Consortium invites you to participate in 2017 Walk to School Day activities October 4



Essential Service #7 <u>Help people receive health services</u>

KANE COUNTY BEHAVIORAL HEALTH COUNCIL

Making a Difference...Together

Schedule a presentation of 'A Lay Person's Guide to Mental Illness' (English and/or Spanish) for your group by calling (630) 892-5456 or by emailing inc@incboard.org



BAKE

TO SCHOOL

Healthy activities, healthy kids

Walk to School Day is an annual event that highlights the importance of developing safe and easy ways to increase the physical activity that makes kids healthier. The hope is to raise awareness of the costs of chronic diseases and to make physical activity a routine part of everyone's day. Last year. 65 Kane County schools participated. It's a one-day event geared towards creating change in community culture.

Providing support and educating the public

Behavioral health is one of the top priorities of the Kane County Community Health Improvement Plan (CHIP). During Mental **IIIness Awareness** Week, Oct. 1-7, participants across the country are raising awareness of mental illness as a way to fight stigma, provide support and educate the public. For National Depression Screening Day on Oct. 5, you can get a free mental health screening at HelpYourselfHelpOthers.org.