

PUBLIC HEALTH COMMITTEE REPORT

Essential Service #4

[Engage the community to identify and solve health problems](#)



'Giving a voice' to local residents

KCHD has been selected as one of 50 members of the Healthy-Community50 in the Healthiest Cities & Counties Challenge, for which we will receive a \$10,000 community seed award. The Health Department is one of hundreds of entries selected to compete for up to \$500,000 in prizes, to be used to 'give a voice' to our community.

Ten essential services of Public Health

1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans
6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

Essential Service #2

[Protect people from health problems and health hazards](#)



**Walk to School Day
October 5**

This annual event highlights the importance of developing safe and easy ways to increase the physical activity that makes kids healthier. The hope is to raise awareness of the costs of chronic diseases and to make physical activity a routine part of everyone's day. Events such as this can inspire and promote enthusiasm for walking and biking to school.

Essential Service #5

[Develop health policies and plans](#)

 A promotional graphic for Mental Illness Awareness Week (MIAW) 2016. The background is a dark grey triangle pointing upwards, with green triangles pointing downwards from the top corners. The text "MENTAL ILLNESS Awareness Week" is written in white, bold, sans-serif font. Below it, in smaller white text, is the message: "During #MIAW, join NAMI in shining a light on mental illness and replacing stigma with hope. Find ways to help at www.nami.org/miaw." To the right is the NAMI logo, which consists of a stylized white circle with three curved lines inside, followed by the text "nami" in a bold, lowercase font and "National Alliance on Mental Illness" in a smaller font below it. A large green circle in the bottom right corner contains the text "Oct. 2-8 2016" in white.

**Working to end
the stigma**

Oct. 2 through Oct. 8 is Mental Illness Awareness Week. Each year, the week provides an opportunity to fight stigma, provide support, educate the public and advocate for equal care. According to the National Alliance on Mental Illness (NAMI), one in five adults experience mental illness problems every year. Unfortunately, individuals and families affected by mental illness are still often subjected to stigma and discrimination.

***Behavioral Health is a priority issue in the
Community Health Improvement Plan***