### Kane County Health Department

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Kane County Health Department

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### PUBLIC HEALTH COMMITTEE REPORT

#### Essential Service No. 2

### <u>Protect people from health problems</u> and health hazards

Quitting smoking isn't easy. It takes time. And a plan. You don't have to stop smoking in one day. Start with day one. Let the Great American Smokeout

event on November 15
be your day to start
your journey toward a
smoke-free life. You'll
be joining thousands
of smokers across the
country in taking an
important step toward
a healthier life and reducing your cancer
risk.







#### Ten essential services of Public Health

- 1. Monitor health status and understand health issues facing the community
- 2. Protect people from health problems and health hazards
- 3. Give people the information they need to make healthy choices
- 4. Engage the community to identify and solve health problems
- 5. Develop public health policies and plans

- 6. Enforce public health laws and regulations
- 7. Help people receive health services
- 8. Maintain a competent public health workforce
- 9. Evaluate and improve programs and interventions
- 10. Contribute to and apply the evidence base of public health

**Departmental Statistics: www.kanehealth.com/phc.htm** 

#### Essential Service No. 1

Monitor health status and understand health issues facing the community

## According to the CDC:

**84** MILLION ADULTS HAVE PREDIABETES

9 OF 10 DON'T KNOW THEY HAVE PREDIABETES

1 IN 3 ADULTS HAS PREDIABETES



<u>Assess your</u> <u>risk</u>





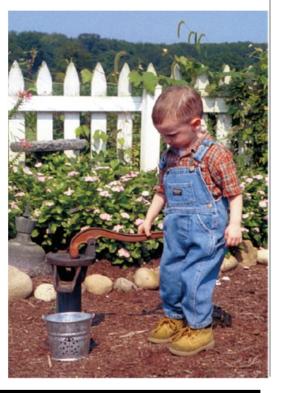
than AIDS and breast cancer
COMBINED.

#### Essential Service No. 4

Engage the community to identify and solve health problems

## **Lead Study**





# November is American Diabetes Month

**American Diabetes** Month is observed every November so individuals, health care professionals, organizations and communities can bring attention to diabetes and its impact on millions of Americans. Chronic diseases, such as diabetes, were chosen by our residents as one of the top three health priorities for the Community Health Improvement Plan (CHIP). In this way, we hope to raise awareness and to create a sense of urgency about this growing public health crisis.

# KCHD joins private well lead study

Drinking water systems in cities can contain lead, but we do not know if lead is found in private well water in Illinois, KCHD Is partnering with the University of Illinois and Northern Illinois University to study the issue. It will involve providing a water sample and completing a questionnaire about home water use. The researchers will let you know if the well water in your home has lead. There is no cost to participation. Contact Diane Dawson, (630) 264-7695, dawsondiane@co.kane.il.us.