

Barbara Jeffers, MPH, Executive Director



PUBLIC HEALTH COMMITTEE REPORT
SPECIAL KANE HEALTH COUNTS EDITION

Essential Service #1

Monitor health status and understand health issues facing the community



Where you live does matter

What do you know about your community? What do you know about Kane County? Did you know that Kane County is 520 square miles with 515,000 residents? To find answers to these questions and more, all you need to do is visit the website KaneHealthCounts.org, which goes live on Wednesday, Nov. 18. There you'll see how Kane County stacks up in such topics as health, education, economics, housing and much, much more. This information will help you understand how your health relates to all of Kane's residents.

Ten essential services of Public Health

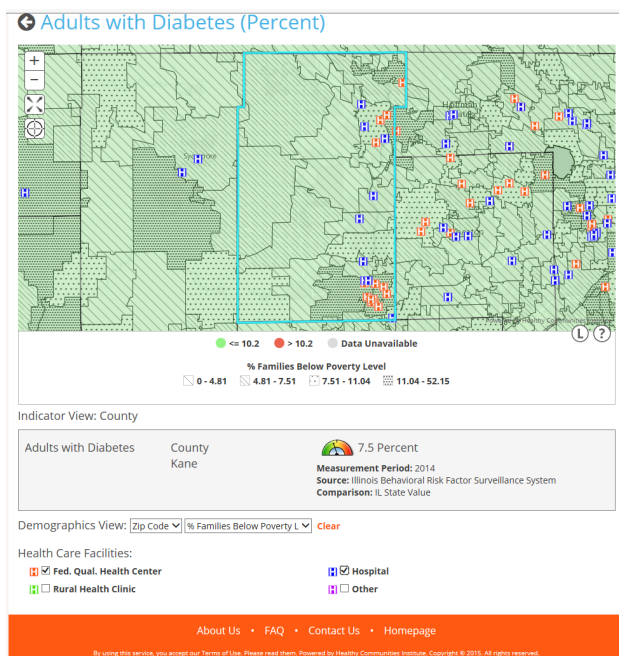
1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans
6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

Essential Service #5

[Develop public health policies and plans](#)

Kane Health Counts will help guide Community Health Improvement Plan

Chronic Diseases, Behavioral Health and Income and Education: These three priorities make up the foundation of the Kane County Community Health Improvement Plan (CHIP). You can think of the CHIP as the blueprint for improving the health of Kane County residents. It reflects the understanding that the quality of the communities where we live, work, and play is as important to achieving good health as going to the doctor for regular checkups, proper nutrition, and adequate physical activity. According to the Centers for Disease Control and Prevention, Chronic diseases and conditions—such as heart disease, stroke, cancer, diabetes, obesity, and arthritis—are among the most common, costly, and preventable of all health problems. Further, chronic diseases and conditions and the health risk behaviors that cause them account for most health care costs.



Kanehealthcounts.org screen shot shows the rate of diabetes among Kane County adults.

Essential Service #3

[Give people the information they need to make healthy choices](#)



Kane Health Counts: Ideas for your next project

From “A Matter of Balance” in Portland, Maine, to the “Yerba Buena Gardens Neighborhood Revitalization” project in San Francisco, the “Promising Practices” section of the site will help you find just the examples you need.

With almost 2,000 ideas, projects, programs and plans submitted from throughout the county, website users can study projects similar to their own health-related initiatives. Check out Promising Practices” section and you’re to find some good ideas to get you started on your way.