

PUBLIC HEALTH COMMITTEE REPORT

Essential Service No. 2

[Protect people from health problems and health hazards](#)



stop the flu
it starts
with you

National Influenza Vaccination Week

December 2-8 2018

National Influenza Vaccination Week (NIVW) highlights the importance of protecting you and your family from the flu. According to the CDC, influenza vaccination activity drops quickly after the end of November. That's why KCHD would like to remind you it's not too late to get your flu vaccine. What better holiday gift is there than the gift of health? Learn more by clicking [here](#).

Ten essential services of Public Health

1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans
6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

Departmental Statistics: www.kanehealth.com/phc.htm

Essential Service No. 2

Protect people from health problems and health hazards

**CARBON MONOXIDE (CO)
CAN BE DEADLY**

**CO
DETECTOR**

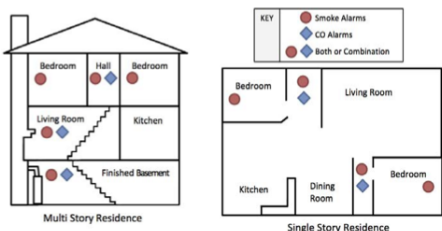
**PROTECT YOUR FAMILY.
INSTALL A CO GAS DETECTOR.**

www.cdc.gov/co

**CARBON MONOXIDE (CO)
POISONING**

CAN'T BE SEEN **CAN'T BE SMELLED** **CAN'T BE HEARD** **CAN BE STOPPED**

IT CAN BE PREVENTED



CO detectors can help save lives

Household appliances such as furnaces, generators, stoves, hot water heaters and grills can emit dangerous carbon monoxide (CO) gas. CO is an odorless, colorless gas that can cause sudden illness and death. It is produced any time a fossil fuel is burned. CO can build up indoors and poison people and animals who breathe it. To prevent carbon monoxide poisoning, install CO detectors near every sleeping area and check them regularly.

Essential Service No. 3

Give people the information they need to make healthy choices

Clean: Wash hands and surfaces often

Separate: Don't cross contaminate

Cook: Cook to the right temperature

Chill: Refrigerate promptly



Don't let food-borne illness spoil your holiday fun — Fight Bacteria!

Follow safe food-handling guidelines for happy holidays

With the holidays fast approaching, there will be plenty of food being prepared for all the occasions. However, festive times for giving and sharing should not include sharing food-borne illness. Make sure the food is safe by remembering four simple food-handling guidelines: **Clean, Separate, Cook and Chill.** Keep food safe from harmful bacteria, be a BAC Fighter and reduce your risk of food-borne illness! More holiday food tips can be found by clicking [here](#).