

PUBLIC HEALTH COMMITTEE REPORT

Essential Service #2

[Protect people from health problems and health hazards](#)



SPREAD FUN! NOT FLU!

Everyone 6 months of age and older should get a flu vaccine every season.

FIGHT FLU



IT'S NOT TOO LATE TO
GET A FLU SHOT!

FIGHT FLU

National Influenza Vaccination Week
www.cdc.gov/flu/NIVW

National Influenza Vaccination Week

December 3-9 2017

The purpose of National Influenza Vaccination Week (NIVW) is to highlight the importance of protecting you and your family from the flu. According to the CDC, influenza vaccination activity drops quickly after the end of November. That's why KCHD would like to remind everyone that it is not too late to get your flu vaccine. What better holiday gift is there than the gift of health? Learn more by clicking [here](#).

Ten essential services of Public Health

1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans
6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

Departmental Statistics: www.kanehealth.com/phc.htm

Essential Service #2

Protect people from health problems and health hazards

**CARBON MONOXIDE (CO)
POISONING**



What can't be seen,
can't be smelled,
can't be heard,
but **CAN BE
PREVENTED?**



CO detectors can help save lives

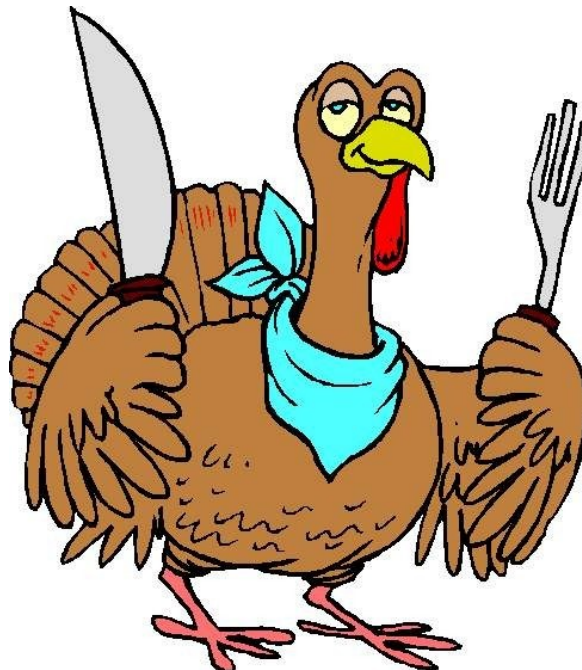
Household appliances such as furnaces, generators, stoves, hot water heaters, and grills can emit dangerous carbon monoxide (CO) gas. To prevent CO poisoning, install CO detectors near every sleeping area and check them regularly. Lt. Brian Berry of the Carpentersville Fire Department says to call 911 if your CO detector is activated. "You always want to err on the side of caution. We're always happy to help."

Essential Service #3

Give people the information they need to make healthy choices



This holiday season, don't let food-borne illness spoil your fun — **Fight Bacteria!**



Don't invite unwanted guests to your holiday party

With the holidays fast approaching, there will be plenty of food being prepared for all the occasions. However, festive times for giving and sharing should not include sharing food-borne illness. Make sure the food is safe by following some simple guidelines: **Clean:** Wash hands and surfaces often. **Separate:** Don't cross-contaminate. **Cook:** Cook to the right temperature. **Chill:** Refrigerate promptly. More holiday food tips can be found by clicking [here](#).