

## PUBLIC HEALTH COMMITTEE REPORT

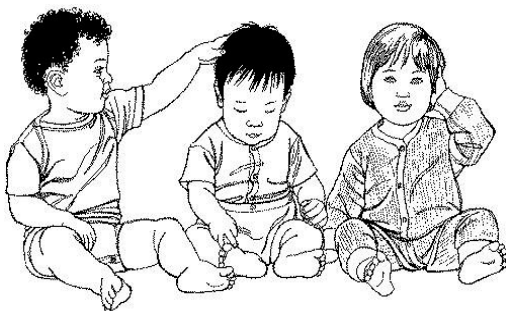
### Essential Service #7

#### [Help people receive health services](#)

#### **Kane Kares Walking Group helps bring moms together**

Kane Kares nurse Lisa Bloom, right, walks with Wendy and her 10-month old daughter, Venuz in an Aurora park recently. The Walking Group is designed to support active lifestyles while also helping the moms socialize with others.

Kane Kares is a program designed to help support moms and moms-to-be during pregnancy and the parenting of the child. A specially-trained Registered Nurse visits the home and supports the family through the pregnancy up until the child's second birthday.



## Kane Kares



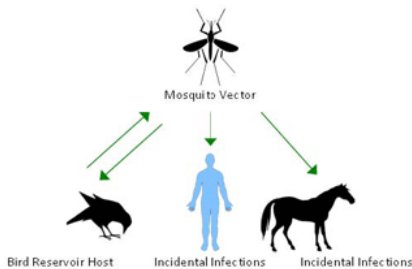
#### **Ten essential services of Public Health**

1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans
6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

### Essential Service #2

#### Protect people from health hazards and health problems

**Kane County Health Department staff monitor West Nile activity all summer. Here, mosquitos from a trap in Aurora are being collected for testing.**



#### Help prevent West Nile Virus

- ✓ Don't let standing water collect on your property!
- ✓ Check for turned up garbage can lids, grill covers, and children's toys.
- ✓ Empty, clean & refill birdbaths & wading pools frequently.



#### **'Tis the season for West Nile Virus**

Kane has recently seen its first human case of West Nile virus (WNV) in 2015. Most people (70-80%) who become infected with WNV do not develop any symptoms. However, about 1 in 5 people who are infected will develop a fever with other symptoms such as headache, body aches, joint pains, vomiting, diarrhea, or rash. Most people with this type of WNV disease recover completely, but fatigue and weakness can last for weeks or months.

### Essential Service #3

#### Give people the information they need to make healthy choices

# Health Matters



from the Kane County Health Department

#### **KCHD Newsletter wins national award**

The Health Department's newsletter "Health Matters" was awarded a gold medal from the National Public Health Information Coalition (NPHIC). "As a recipient of a NPHIC award, the Kane County Health Department has been designated by an independent panel of judges at the Grady College of Journalism and Mass Communication as among the year's best in public health communication," stated NPHIC President William Furney.

