

## PUBLIC HEALTH COMMITTEE REPORT

### Essential Service #2

[Protect people from health problems and health hazards](#)



Everyone 6 months of age and older should get a flu vaccine every season.

**FIGHT FLU**



stop the flu  
it starts  
with **you**

### National Influenza Vaccination Week

**December 4-10, 2016**

The purpose of National Influenza Vaccination Week (NIVW) is to highlight the importance of protecting you and your family from the flu. According to the CDC, influenza vaccination activity drops quickly after the end of November. That's why KCHD would like to remind everyone that it is not too late to get your flu vaccine. What better holiday gift is there than the gift of health? Learn more by clicking [here](#).

### Ten essential services of Public Health

1. Monitor health status and understand health issues facing the community
2. Protect people from health problems and health hazards
3. Give people the information they need to make healthy choices
4. Engage the community to identify and solve health problems
5. Develop public health policies and plans
6. Enforce public health laws and regulations
7. Help people receive health services
8. Maintain a competent public health workforce
9. Evaluate and improve programs and interventions
10. Contribute to and apply the evidence base of public health

**Departmental Statistics:** [www.kanehealth.com/phc.htm](http://www.kanehealth.com/phc.htm)

Essential Service #4

[Engage the community to identify and solve health problems](#)



**#GiveKaneAVoice**

*Follow along as Kane County accepts the challenge!*

Interested in participating? Contact: [romanterry@co.kane.il.us](mailto:romanterry@co.kane.il.us) or call at 630-264-7653



**Community Councils tackle health issues**

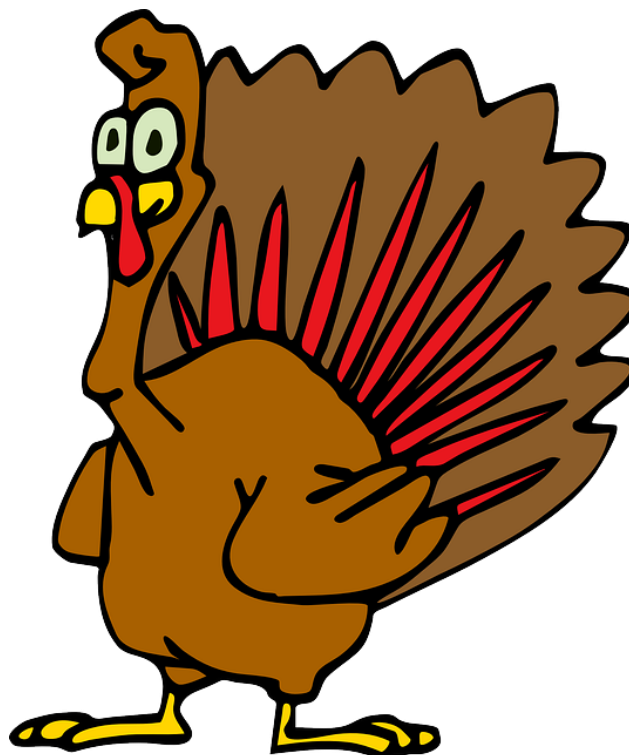
KCHD submitted an application to participate in the Healthiest Cities & Counties Challenge and we were chosen as one of 50 communities in the United States. We've established three Community Councils whose members will help make the decisions to improve the health of their families, friends and neighbors. The councils, in Carpentersville, Elgin and Aurora, will develop the ideas, concerns and opinions we will need to shape future programs to benefit all Kane County residents. For more info click [here](#).

Essential Service #2

[Protect people from health problems and health hazards](#)



***This holiday season, don't let food-borne illness spoil your fun – Fight Bacteria!***



**Don't invite unwanted guests to your holiday party**

With the holidays fast approaching, there will be plenty of food being prepared for all the occasions. However, festive times for giving and sharing should not include sharing foodborne illness, so give yourself plenty of time to plan your holiday menus. Make sure the food is safe for you and your loved ones by following some simple guidelines: **Clean:** Wash hands and surfaces often. **Separate:** Don't cross contaminate. **Cook:** Cook to the right temperature. **Chill:** Refrigerate promptly. More holiday food tips can be found by clicking [here](#).