



Kane County Residents Have Access to Expanded Healthy Community Resources

Chronic Disease Action Team Launches LiveWellKaneCounty.com Website

May 17, 2021 – A coalition of thirteen health care partners are working to combat chronic illness in Kane County by creating a website highlighting the availability of community resources at **LiveWellKaneCounty.com**. The website provides information about three high priority diseases - diabetes, heart disease and cancer - and connects visitors to local resources that would support their clinical and healthy living activities and needs.

Among the resources provided by the site are connections to Kane County parks and trails, community gardens, farmers markets, food pantries, health care providers in Kane County and more. This website is designed to give residents easy access to opportunities to create a healthy lifestyle. The website addresses the six pillars that help create a solid foundation for healthy living: eating right, weight management, physical activity, sleep & fatigue, alcohol, and emotional stability. This website is also available in Spanish.

Following a Community Health Assessment and Improvement Plan in 2016, chronic disease was selected as one of the top three health priorities in Kane County. A Chronic Disease Action Team was formed to collaborate and address chronic disease throughout Kane County. The Team's mission is to help Kane County community members manage and prevent the onset of chronic disease. To help meet this mission, the action team has identified outcome objectives and impact objectives, with the overall mission of reducing chronic disease in Kane County residents by 2030. More information on the community health improvement plan can be found at www.kanehealth.com.

The Action Team is composed of representatives from Advanced Performance Pain and Wellness, AMITA Mercy Medical Center – Aurora, AMITA St. Joseph Hospital – Elgin, Association for Individual Development, Greater Elgin Family Care Center – Elgin, Kane County Development and Community Services, Kane County Division of Transportation, the Kane County Health Department, Northern Illinois Foodbank, Rush Copley Medical Center, University of Illinois Extension, VNA Health Care - Aurora and Elgin and West Aurora School District 129. The website was funded by AMITA Health.

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