



Two Enoki Mushroom Importers Issue Recall Due to Potential Health Hazard

March 21, 2022 - The Kane County Health Department is advising that the U.S. Food and Drug Administration (FDA) has announced that two Enoki mushroom importers have issued recalls. Enoki mushrooms are white, stringy with small caps.

Jan Fruits Inc. of Vernon, CA is recalling all its cases of its 200g/7.05oz packages of Enoki mushrooms (product of Taiwan) because it has the potential to be contaminated with *Listeria monocytogenes*. The recalled Enoki mushroom product was distributed in California to produce distributors or wholesalers for further distribution to retail stores.

The Enoki mushroom comes in a 200g/7.05oz clear plastic package with the following description "Taiwan Best Quality Enoki Natural Mushroom***Manufacturer: Changhua County Mushrooms Production Cooperative" in English. There is a green lettered "Premium" Printed with two QR scan codes and UPC 8 51084 00835 8 on the back side of a package There is a Lot Code #3322 outside of box.

T Fresh Company of City of Industry, CA is recalling its 5.25oz (150g) enoki mushrooms, Lot #6021053 grown in China & 7.5oz (200g) Lot # 6021052 grown in China, because it has the potential to be contaminated with *listeria monocytogenes*.

Lot #6021053 was distributed from California and Texas to retail stores through produce distributors, while traces of the bacterium were discovered by CDPH sampling. Product is packaged in a pink and transparent plastic packaging, with the "Yes" Logo for the 150g(5.25oz) & Light Blue & transparent plastic packaging, with " Yes" Logo for the 200g(7.5oz). The weight of the product is 5.25 oz (150g) & 7.5 oz (200g). The UPC barcode numbers are 825382736718 (150g), with no other codes & 825382736947 (200g), with no other codes.

Listeria monocytogenes, an organism which can cause serious and sometimes fatal infections in young children, frail or elderly people, and others with weakened immune systems. Although healthy individuals may suffer only short-term symptoms such as high fever, severe headache, stiffness, nausea, abdominal pain and diarrhea, *Listeria* infection can cause miscarriages and stillbirths among pregnant women. Symptoms of *listeria* may include fever, muscle aches, severe headache, nausea, vomiting, stiff neck, confusion, loss of balance, and convulsions. People experiencing these problems should seek immediate medical attention. This bacterium can be completely destroyed and the risk of infection can be eliminated by thoroughly cooking foods at temperatures of 165°F (73.8°C).

(more)

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There have been two other Enoki mushroom recalls earlier this year.

For more information, see

<https://www.fda.gov/safety/recalls-market-withdrawals-safety-alerts/jan-fruits-inc-recalls-enoki-mushrooms-because-possible-health-risk-0>

and

<https://www.fda.gov/safety/recalls-market-withdrawals-safety-alerts/t-fresh-company-recalls-enoki-mushrooms-because-possible-health-risk>

The Kane County Health Department has an abundance of information about food safety online at KaneHealth.com/Pages/Food-Safety.aspx.

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