



## **Kane Is 7th Healthiest County in Illinois**

Annual rankings show where counties do well and opportunities for improvement

March 31, 2021—Kane County is among the healthiest counties in Illinois according to the annual County Health Rankings, released today by the University of Wisconsin Population Health Institute (UWPHI). Rankings show Kane County is 7th healthiest in Illinois out of 102 Counties. The Rankings are available at [www.countyhealthrankings.org](http://www.countyhealthrankings.org).

“The *County Health Rankings* show us that where we live matters to our health. Even if we rank relatively high overall, we know that we can take steps to improve the health of all our residents,” said Kathy Fosser, Interim Executive Director of the Kane County Health Department. “We all have a role to play. Working together, we can make Kane County a healthier place for everyone to live, learn, work, and play”.

Kane County’s areas of strength are: access to exercise opportunity, lower injury deaths, and lower physical inactivity. Kane County’s areas of improvements are: adult obesity, adult smoking, uninsured, and unemployment.

Kane County Health Department in partnership with five hospitals in Kane County and the local mental health board ensure a Community Health Assessment is completed to identify community health improvements; thus, working together with other community partners on a Community Health Improvement Plan. Visit [KaneHealthCounts.org](http://KaneHealthCounts.org) for more information.

Historically, Kane was ranked 8<sup>th</sup> in 2020, 6<sup>th</sup> in 2019, 7<sup>th</sup> in 2018, 12<sup>th</sup> in 2017, 13<sup>th</sup> in 2016, 5<sup>th</sup> in 2015, 9<sup>th</sup> in 2014, 12<sup>th</sup> in 2013, 8<sup>th</sup> in 2012, 9<sup>th</sup> in 2011 and 11<sup>th</sup> in 2010, out of Illinois’ 102 counties.

Released every year by the UWPHI, with funding from the Robert Wood Johnson Foundation, the Rankings show that where you live influences how well and how long you live. An easy-to-use snapshot, the Rankings compare the health of all counties within states and call attention to the differences in opportunity to live long and well from one county to the next.

In addition to the county-level data, the Rankings also features [What Works for Health](#), a database of more than 400 evidence-informed strategies to support local changemakers as they take steps toward expanding opportunities. Each strategy is rated for its evidence of effectiveness and likely impact on health disparities. The [Take Action Center](#) also provides valuable guidance for communities who want to move with data to action.

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