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Spinach recall is expanded because of possible listeria risk

The Kane County Health Department is advising residents of the expansion of the previously announced recall of products containing organic spinach. The expansion includes products of Superior Foods, Inc., of Watsonville, CA and Twin City Foods, Inc. of Stanwood, Wash.

The products are being recalled voluntarily because the companies may have received organic spinach from a supplier with the possible presence of *Listeria monocytogenes*.

There have been no reported illnesses related to the spinach recall, but the products were distributed to stores nationwide.

Listeria monocytogenes is an organism that can cause serious and sometimes fatal infections in young children, frail or elderly people, and others with weakened immune systems. Although healthy individuals may suffer only short-term symptoms such as high fever, severe headache, stiffness, nausea, abdominal pain and diarrhea, Listeria infection can cause miscarriages and stillbirths among pregnant women.

Photos of the recalled Superior Foods product are available from the Food and Drug Administration's website by clicking here. The Twin City Foods product photos are available here.

Consumers who have any of the products identified are urged to dispose of it, or return it to the store where it was purchased for an exchange or full refund. Consumers with questions regarding the Superior Foods recall may call 1-866-672-0811 Monday through Friday between 8 a.m. and 5 p.m. Eastern Standard Time. Consumers with any questions regarding the Twin City recall can be directed to Mark Hubbard at (804) 385-3772 Monday through Friday, between 8:00 a.m. and 5:00 p.m. Eastern time, or email to mhubbard@mwcllc.com.